

Shapwick Bunny Hop 2018: Can we beat the 10th Anniversary Record breaking success?

By Teresa King

With Spring around the corner, what better time is there to decide whether you'll enter the Shapwick Bunny Hop this year?

The event will take place, for the 11th time, on Easter Monday (2nd April) starting at the Village Hall. Over the years we've gone from strength to strength, last year achieving a record entry level of 137 runners. Add to that the children who take part in the junior race, and those who join a sociable 4 mile walk round part of the race route, and it really does add up to one of Shapwick's busiest days of the year.

The wonderful thing about this event is that it attracts both serious runners from local clubs and further afield (the 7.5 mile undulating course record is under 42 minutes) as well as more gently paced runners who spend 2 hours enjoying the scenic route. For those visiting the area, the route offers a chance to experience the best of our part of Somerset: Shapwick Heath Nature Reserve and spectacular views of Glastonbury Tor and the Mendips. What better way to work off the Easter chocolate!

Every year we hope to see a good turn out from local runners, and there's a prize for first Shapwick runner home, which last year was won by Tom Mills in 53 minutes.

Rather than give medals we choose to give a donation to charity. Last year we donated £500 to Dorset and Somerset Air Ambulance, and this year will support the Multiple Sclerosis Society. In addition, industrious Village Hall committee members provide hot drinks and a delicious cooked brunch to raise funds for the Hall. Donations of homemade cakes are always much welcomed and really help to support the fundraising.

the 11th udderly brilliant
SHAPWICK BUNNY HOP
7.5 mile trail race
easter monday 2nd april
2018



runbritain.com

with junior fun run (ks 1 & 2) and
4 mile non-competitive walk
race HQ Shapwick village hall, TA7 9NJ
registration from 9am for 10.30am Start
£12 (£14 on the day) less £2 if with EA
junior run 9.30am Start, £1 entry on day
more info shapwickrunners.co.uk
enter direct at fullonsport.com
or call Teresa on 01458 210107



race profits to the MS Society

Runners do not leave empty handed: last year all received a bottle of Bunny Hop 10th Anniversary branded cider from local firm Hecks.

We very much hope that, if you, a friend or family member enjoy running, walking or simply supporting local events, you will join us for a lovely morning out, come rain, shine, gales or snow. The Bunny Hop has taken place in all these conditions!

To enter online visit fullonsport.com (search for Shapwick Bunny Hop), or see our website, shapwickrunners.co.uk, for details. It's cheaper to enter in advance but we'll reserve some places for those preferring to enter on the day (first come first served). Alternatively call entries secretary, Anthony (07785 330042).

I don't think we could beat the success of last year, but I do hope we replicate it. Look forward to seeing you there. If you would like to be involved as a course marshal, helper in HQ or would be interested in joining Shapwick Runners (we still meet for a run most Sundays, from the cricket pitch, now at 9am), please call Teresa (01458 210107) or Anthony.

Shapwick Starlets Visit Burns the Bread *Sue Sellick*

Nestled deep within the lush green countryside of Somerset, Burns the Bread boasts a host of wonderful bakers' shops. And we were lucky enough to have a bakery visit to the shop in Glastonbury.

The evening commenced with a welcome glass of wine and hearing some great stories of how the business started. Bob's entrepreneurial skills developed at the age of 14 encouraging customers to try his bread rather than Mother's Pride. Thirty years later, there are five shops with three generations at the helm, and Mr Burns was awarded with an MBE in 2016 for his services to charity and the local community.

Once toggled up in very glamorous hair nets and pinnies, we were taken to the pastry room for our very own edition of the Generation Game. This involved four pasties, (ones he had made earlier) on a conveyor belt ready to be crimped (to compress something into small folds or ridges). Lots of different styles of 'crimping' transpired including some with furrows, grooves, ridges and wrinkles. All of the ingredients of the Glastonbury pasty were not divulged, however we do know that they contain fairy magic.

Whilst our masterpieces were baking, we were given a tour which included a very chilly question and answer session in one of the freezers. One question being "Can we go out now please?". And we also got to taste a piece of the famous Torsy Moorsy Luxury Fruit Cake which boasts fruit steeped in cider, local mature Cheddar cheese and other top secret ingredients.

Tour complete, it was back to the meeting room for a magnificent buffet whilst Mr Burns judged our pasties. We came away with bags brimming with goodies. Thank you to Bob, Terri and Casey for looking after us. We would definitely recommend this to any groups looking for something out of the ordinary to do. Mr Burns very generously donates all money raised to St Margaret's Hospice, and it was definitely worth the two year wait. As Mr Burns would say "Anybody's butter but Burns the Bread is best".

Our March meeting will be on Tuesday 13th March, 7.30 pm in Shapwick Village Hall and we are having a 1920s Prohibition Party. Shake out those tassels and pearls, unfurl the feathers, it's party time. Come to our 1920s Speakeasy. Prohibition era music and entertainment, plus cocktails served in teacups. Please bring a plate of food to share. Competition will be best 1920s inspired outfit.



Hi folks,

Do you prefer it when people are real – or when they maintain a mask of perfection that disguises their real personality?

We live in an era for which 'image' is really important – there's so much emphasis on creating the right appearance, either personally or professionally. Actually, this is not a new phenomenon – the Victorian era may not have been quite as obsessed with fashion as our post-modern culture, but the appearance of moral uprightness often seems to have masked what was going on underneath.

As we enter the season of Lent, we have an opportunity to be real with God... to say 'I really struggle with stuff – I'm not who I want to be, and I do things I wish I didn't do, and don't do things I wish I did'. If giving up chocolate for Lent helps you to focus on being real with God – then great! But if not – it would be better not to do it. And if we're real with God – chances are we'll be better able to be real with each other.

Every blessing,

Rich Tweedy vicar@poldenwheel.co.uk



Uninhabited islands in the Scillies: St Helen's on the left, Tean on the right. Both have remains of hermit cells – where monks lived in a permanently Lenten lifestyle. Extreme? – yes! But hardly superficial.

Library Van

The next visit by the mobile library, is on **Tuesday 13th March.**

The time and place remain the same. The van arrives at the Cricket Pavilion at 10.55 for 20 minutes. There is a new list of future visits on the village notice board.



Collective Nouns

Jerome Hayes

Hi Folks

How much I enjoy reading the Reverend Tweedy's letters and articles in the Shapwick News. If the good vicar would allow me to politely correct him in reference to his last letter 'I've been fascinated by the gaggle of Herons....'. The correct collective nouns (Nouns of Assemblage) for herons is a sege—a sege of herons. Old time people used to call them a sedge adding a 'd' in Somerset.

Did you know that the collective noun for priests is a pontification and a bench of bishops?

Here's a little competition for you and £10.00 to the winner or drawn out of the hat if there is more than one winner. Name the collective nouns below and return to the editor—Sue Williams, 9 Orchard Way by 20th March 2018.

Good Luck—Jerome Hayes

- | | |
|--------------------------|--------------------------|
| 1. A of Pedlars | 7. A of Snipe |
| 2. A of Shel Drake | 8. A of Cobblers |
| 3. A of Servants | 9. A of Curlew |
| 4. A of Badgers | 10. A of Pheasants |
| 5. A of Ferrets | 11. A of Lapwing |
| 6. A of Choughs | 12. A of Finches |

Shapwick in Wartime *Dora Watkins*

Shapwick House was a convalescent home for soldiers. They would come from Shaftsbury Hospital after treatments. Shaftsbury has not got a hospital now so I imagine the hospital would have been another big house commandeered for the war.

The soldiers were a familiar sight walking around the village in their blue suits, red ties and white shirts. They had weekly film shows and ENSA concerts to entertain them. At that time we had a gymkhana each year in the big field by Manor Farm. In the evening there was a dance in a big marquee, music by Burtle Silver Band, to which the soldiers could come. One year Mr Jennings from Bower Farm supplied the cider, putting it in barrels originally used for spirits so it was a bit potent. I remember a Canadian soldier got so drunk he lost his false teeth and his friend pushed up through the village in a wheelbarrow the next morning to look for them and luckily he found them!

PARISH COUNCIL VACANCY TO BE FILLED BY CO-OPTION

The Parish Council has a vacancy for one Parish Councillor following the resignation of Ben Ruffell

Have you considered becoming a Parish Councillor?

Do you have:

- An interest in your community, its affairs and the local environment you live in?
- A willingness to get involved in local issues?
- On average a spare couple of hours every other month to attend meetings? (Main meetings are held every other month on 3rd Tuesday of the month – additional planning meetings may be necessary in between)

If you are interested in being co-opted onto the Parish Council please can you let the Clerk know by **12th March 2018**

Sue Williams, 9 Orchard Way.

01458 210749 shapwickpc@btinternet.com

Next Parish Council Meeting

Tuesday 20th March 2018 7.30pm Village Hall

Parish Council Website - www.shapwickparishcouncil.org.uk—minutes, agendas etc.

What's On in Shapwick

Church Services in March 2018

Friday 2nd March - Woman's World Day of Prayer

7:30 Chilton Polden Women's World Day of Prayer Service

Sunday 4th March - Lent 3 (Purple)

9.00 Catcott Holy Communion (BCP)

10.30 Ashcott Informal Worship

10.30 Edington Family Communion

6.00 Catcott Praise'n'Prayer

Sunday 11th March - Mothering Sunday (Purple)

10.00 Shapwick Cafe Church

10.30 Chilton Polden Family Communion

4.30 Burtle Informal Worship with Polden Praise

Sunday 18th March - Lent 5 (Purple)

10.30 Catcott Matins (BCP)

10.30 Chilton Polden Informal Worship

6.30 Ashcott Holy Communion (CW)

Sunday 25th March - Palm Sunday (Red)

10.30 Catcott Family Communion

Tuesday 27th March (Red)

7.00 Chilton Polden Stations of the Cross

Thursday 29th March - Maundy Thursday (White)

7.00 Shapwick Last Supper and Communion

Friday 30th March - Good Friday (Red)

2.00 Edington Hour at the Cross

Sunday 1st April - Easter Day (Gold or White)

6.00 Ham Wall Sunrise Easter Service

9.00 Burtle Holy Communion

10.30 Shapwick Easter Family Fun Service

10.30 Edington Holy Communion

Useful Contact Details

Parish Council - Clerk -Sue Williams 01458 210749

shapwickpc@btinternet.com

Village Hall - Secretary Claire Brown 01458 210784

shapwickvillagehall@gmail.com

Hall Bookings—shapwickvhbookings@gmail.com or

01458 210329

CLUBS

Cubs—Adam Smith 07508 468173

Cricket Club—Martin Baker 01458 831131

Friends of Shapwick Church—Jane Walker 210137

Pilates—Lita de Alberdi 01458 446883

Shapwick Runners— www.shapwickrunners.co.uk

WI – Sue Sellick 01458 210357

Yoga—Mel Blackshaw 07812 667911

Lite Bite Lunches



The next lunch is on

19 February 2018 12:30pm–2.00pm

St Marys Church.

For further information please

contact Helen on 210885



Shapwick Village Hall

Curry Night

Saturday 21st April 2018

7.30pm

More details next month



For Sale

Set of twelve pewter figures (6 inches high—beautifully detailed)

‘Cries of London’

Bargain at £50.00 Ring 210493



Climate Change in Somerset

Wednesday 7th March at 7.30pm

Shapwick Village Hall

Come and hear the latest thinking on climate change, how it is affecting Somerset, its nature and what is being done about it locally with Steve Mewes SWT Policy and Campaigns Manager.

Plenty of time after the talk for lively Q&A and discussion.

£2.50 per member, £3.00 non-members, under 16s free

For more information please contact:

poldenbruss@outlook.com or 01278 722734

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Sue Williams by 20th March or to shapwicknews@yahoo.co.uk

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