

# SHAPWICK NEWS

February 2019

Issue 289

## Lite Bite Lunches—St. Mary's Shapwick

We are pleased to be able to offer **Lite Bite** lunches in 2019. Please keep 12.30 - 2 pm free on **Monday 18 February**, St Mary's Church Shapwick where there will be a warm welcome extended to all.

Subsequently, the 3rd Monday of the month is the date - and I will set these dates out in the next edition of the Shapwick News. Thank you, in advance, to everyone involved in providing lunches which brings our community together and where new friendships can be formed.

As in previous years, please do telephone to ask for transport, should you find getting to church difficult.

Should you find that you have a little time to spare during the year, then please do let me know, as we always love a willing volunteer!

Helen Wade 210885

## Letter from the Vicar

Hi folks,

We're living through a rather turbulent time in the British political landscape! As I write this, Teresa May's Brexit bill was heavily defeated yesterday, while earlier this evening she comfortably won a confidence motion in the House of Commons. By the time you read this, it is likely that the political drama will have unfolded yet further as we head towards Brexit day on Friday, March 29.



Lots of questions float around this... will some kind of deal be cobbled together before the deadline? Will the deadline be extended? Will we be pitched into the potential chaos of a 'no-deal' scenario? And a more ultimate question... will we muddle through but remain an economically prosperous nation, or are we teetering on the edge of much less certain and much less prosperous times?

It's important that those of us who believe in the power of prayer to keep praying. At the very least, politicians on all sides in this situation need all the help they can get! Prayer also changes us as we pray – so that we're better able to respond constructively even if the result doesn't go the way we think it should.

Like most Christians, I believe that God is still very much in control whatever happens regarding Brexit. However, it's worth remembering that this doesn't mean that we will therefore live the comfortable lives to which we are accustomed despite the political circumstances! Many Christians have known God's faithfulness as a living reality in times that have been much more uncertain and dangerous than we are in at the moment.

So... if you pray, keep praying!

Every blessing,  
Rich Tweedy

## Library Van

The next visit by the mobile library, is on **Tuesday 26th February**

The time and place remain the same. The van arrives at the Cricket Pavilion at 10.55 for 20 minutes.





## Shapwick Starlets WI



December was a very busy month for us, but what better way to start this off but with a Mindfulness workshop. Emma and Jo talked us through techniques and exercises to calm the mind and temporarily forget about all our "Christmas to do" lists. And this stood us in good stead for our Christmas party the following week.

The theme for our Christmas party was a "home-made Christmas" with an environmentally friendly theme. We had garlands made from old paperbacks, used up all our old Christmas Crackers, and there were no glittery sparkles to be seen. The wine was homemade, the nibbles were homemade and our Secret Santa gifts (mostly homemade) were all wrapped in brown paper. The entertainment was home-made and the Committee performed the story of "The Wonky Donkey" which was even funnier as no rehearsals had taken place.

And to round off the week we went carol singing around the village. It was very cold but everyone was very generous, thank you. We ended up at the Pavilion and warmed up with some mulled wine and a mince pie.

Following all the Christmas festivities, our January meeting was a Pamper Evening. Kala (ALAK Health Beauty Spa in Bridgwater) talked about the Quartz Spa products that she uses. Quartz Spa is an aromatherapy spa range that uses natural ingredients and harnesses the power of essential oils. Kala demonstrated how to use these products and at the end of the evening we were all given a quartz crystal to take home.

Next month we are looking forward to "A food bloggers chocolate adventure" where I am sure we will learn lots and hopefully taste even more!

Lots of plans in place for the New Year including working with the Cub Scouts and the local Guide Dog Support Group.

We meet the second Tuesday of each month at 7.30 pm, Shapwick Village Hall. See our Facebook page for more photos.



It would be great to see more local entries in this year's 7.5 mile Bunny Hop race, so we're inviting new and lapsed runners to join us for gentle group training sessions on Sunday mornings.

The race isn't until the 22<sup>nd</sup> April. We'll start with gentle half-hour jogs, and increase the distance over the next few months. You won't have to sign up and there's no fee.

Find out more about how to build your fitness levels by searching 'NHS running tips for beginners' online and try a few runs beforehand. Remember to take it really easy to start with and hope to see you soon!

The group meets every Sunday morning at 9am by the postbox opposite Shapwick Cricket Pavilion.

**The Shapwick Runners Team**

## Ham Wall 25th Anniversary Walk - World Wetlands Day– 2nd February 2019

Join RSPB Ham Wall Site Manager, Steve, on for a special walk to discover more about the history and wildlife of Ham Wall as the reserve launches its celebration of 25 years as an RSPB reserve. Booking Essential.

"If you are looking for local news and events, try the [Shapwick Village Community Group](#) page on Facebook. Other villages are successfully running similar pages where items can be advertised for sale, local events and services are promoted etc. So please go and have a look and feel free to start posting!"

### **Parish Council Roundup** *Sue Williams—Clerk to PC*

**Precept**—It was agreed that given the previous year's precept had allowed the PC to continue the drainage maintenance work alongside the other yearly commitments that there was no need to make any increase in the precept for the forthcoming year. The precept remains at £9,000.

**Drainage Maintenance Work**—Councillors have carried out an inspection of the village's ditches and drains and agreed a plan for maintenance work to be carried out.

**Litter Pick**—See advert below.

**Councillor Vacancy**—A vacancy exists for one councillor. See information below.

**Next Meeting**—Tuesday 19th March 2019 7.30pm Village Hall.

### **PARISH COUNCIL VACANCY TO BE FILLED BY CO-OPTION**

The Parish Council has a vacancy for one Parish Councillor following the resignation of Rupert Bullock

**Have you considered becoming a Parish Councillor?**

Do you have:

- An interest in your community, its affairs and the local environment you live in?
- A willingness to get involved in local issues?
- On average a spare couple of hours every other month to attend meetings? (Main meetings are held every other month on 3<sup>rd</sup> Tuesday of the month – additional planning meetings may be necessary in between)

If you are interested in being co-opted onto the Parish Council please can you let the Clerk know by **12th March 2019**

Sue Williams, 9 Orchard Way.

### **Save the Date**

#### **Village Litter Pick— Sunday 24th March**

After last year's successful litter pick the PC are organising another one! Meet at village Hall 10.00am—wear sturdy footwear and strong gloves—litter picking equipment will be provided.

Refreshments will be served at the end of the litter pick.



## What's On in Shapwick

### Polden Wheel Church Services February 2019

#### Sunday 3<sup>rd</sup> February - 5<sup>th</sup> before Lent

9.00am **Catcott** Holy Communion (BCP)  
 10.30am **Ashcott** Holy Communion  
 10.30am **Edington** Informal Worship  
 3.30pm for 4.00pm **Ashcott** Praise 'n' Prayer

#### Sunday 10<sup>th</sup> February – 4<sup>th</sup> before Lent

10.30am **Shapwick** Café Church (Bacon rolls/  
 coffee etc from 10am)  
 10.30am **Chilton Polden** Holy Communion  
 4.30pm **Burtle** Holy Communion

#### Friday 15<sup>th</sup> February

4.00 pm **Shapwick** Messy Church

#### Sunday 17<sup>th</sup> February - 3<sup>rd</sup> before Lent

10.30am **Chilton Polden** Informal Worship  
 4.00pm **Catcott** Family Worship  
 6.30pm **Ashcott** Holy Communion

#### Sunday 24<sup>th</sup> February – 2<sup>nd</sup> before Lent

10.30am **Shapwick** Holy Communion  
 10.30am **Burtle** Family Communion  
 4.30pm **Edington** Evensong (BCP)

#### Friday 1<sup>st</sup> March – Women's World Day of Prayer

7.30pm **Chilton Polden** Women's World Day of Prayer Service

### Useful Contact Details

Parish Council - Clerk -Sue Williams 01458 210749  
[shapwickpc@btinternet.com](mailto:shapwickpc@btinternet.com)  
 Village Hall - Secretary Claire Brown 01458 210784  
[shapwickvillagehall@gmail.com](mailto:shapwickvillagehall@gmail.com)  
 Hall Bookings—[shapwickvhbookings@gmail.com](mailto:shapwickvhbookings@gmail.com) or  
 01458 210329  
 St. Mary's Church - Jan Jones 01458 210804  
 Edington Doctors Surgery 01278 722077 Prescriptions  
 01278 723459  
 Bridgwater Hospital 01278 436555  
 Sedgemoor District Council 0845 408 2540  
 Somerset County Council 0300 123 2224

### Lite Bite Lunches



The next lunch is on

**18 February 12:30pm–2.00pm**

**St Mary's Church.**

For further information please contact Helen on 210885



Are you looking for a babysitter? -Well if you are, you're looking in the right place.

Hello, my name is Elliot and I am 15 years old. I live in Shapwick and I think I am the only boy babysitter!

If you need a babysitter don't hesitate to contact me at any time on- [07746910485](tel:07746910485)

Also, in the school holidays or at weekends I'm free to do pet sitting or dog walking or any small general jobs that need doing.



We are Jay & Iona. We are in Year 9 at Crispin (14 & 13 years old), live in Shapwick and are raising funds for a trip to Kenya with the Crispin School Kenya Crew. We will build nurseries, teach English and connect villages to a clean water supply. The money raised will also sponsor 20 Kenyan children to attend school.

If there are any jobs you need to have done, from washing cars, walking dogs, raking leaves etc, please let us know! £5 each per hour or negotiable for a bigger project.

Don't hesitate to call! T: 01458 210 687, M: 07767 276091  
 Email: [thejayster20@outlook.com](mailto:thejayster20@outlook.com)



## Forthcoming Events

**Friday Feb 8<sup>th</sup>** Music Night with Jon Wood variety of song together with Brian & Dave music from the 60s and 70s open 7 p.m.

**Saturday Feb 16<sup>th</sup>** Mouse Racing open 7 pm

**Six Nations Rugby** on Widescreen TV Saturday Feb 2<sup>nd</sup>, Sunday Feb 10<sup>th</sup> and Sat Feb 23<sup>rd</sup>

Published by Shapwick Parish Council. Edited by Sue Williams NB Copy for the next Issue of the News should be sent to:

Sue Williams by [20th February](mailto:20thFebruary) or to [shapwicknews@yahoo.co.uk](mailto:shapwicknews@yahoo.co.uk)

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