

Village Litter Pick- Sunday 24th March

After last year's successful litter pick the PC are organising another one! Meet at village Hall 10.00am—wear sturdy footwear and strong gloves—litter picking equipment will be provided.



Refreshments will be served at the end of the litter pick.

Hi folks,

If you were asked to pick the number 1 global issue in the world today, what would you choose?

I'd like to suggest that it's climate change. I think many of us recognise it but find ways of putting off doing anything about it. That's been true for me until recently.

For this reason, our **Lent course** this year will be about **Creation Care** – which will look at some of the different environmental crises in the world today, including climate change, and how Christians could respond to them.

It's not entirely surprising that environmental issues are often a hard sell – they make us feel gloomy rather than cheerful, and cause us some discomfort when we consider our own lifestyles.

This therefore makes it entirely appropriate to think about these topics during Lent, a season designed for us to be challenged in the way that we live. Lent requires us to ask ourselves the awkward questions we'd rather shy away from – for example, are we more selfish in the way we live our lives than we think we are? This is part of what Lent is about: the only difference this year is that we're doing this while addressing environmental issues.

The course will start on **Thursday March 14**, in **Shapwick Church** at **7.30pm**, and will last for five weeks, ending on Thursday April 11. Each week will include a short introduction with video clips and some factual background, and some time to reflect biblically on the issues. There's more on the Bible on this topic than might be supposed!

Every blessing,

Rich Tweedy vicar@poldenwheel.co.uk



*Starving polar bear on Svalbard
Image © Andreas Weith, Wikimedia*

Library Van

The next visit by the mobile library, is on **Tuesday 26th March**

The time and place remain the same. The van arrives at the Cricket Pavilion at 10.55 for 20 minutes.





We had been looking forward to our February meeting as our guest speaker was Rae alias FoodNerd4life blogger.

Rae has a degree in Food Science and Technology, making her officially a food scientist and she works as a New Product Developer. This means on a daily basis she gets to wear a hair net, lab coat and play with recipes whilst making sure they work in the factory to end up on UK supermarket shelves for everyone to enjoy. Rae works for a premium food company so gets to work with some lovely ingredients. At the start of 2012 Rae was working on developing a lot of savoury products for work, which meant she really didn't want to look at any pastry dishes at home so in turn stopped doing as much baking. Rae started her blog as a way to get back into cooking and baking fun things for my friends and family. If you ask Rae what is the worst thing she has ever made, she will tell you that at school for one of her GCSE Food practical's, she made an Orange and Ginger crème brûlée. She mis-read the recipe and instead of adding 3 tsp of gelatine, added 3 sachets. It had the texture of a bouncy ball and the ginger was raw, and so fiery. So - always read your recipes!!

Who knew there was so much to know about chocolate?. There are three main varieties of cocoa plant are Forastero, Criollo, and Trinitario. The first is the most widely used, comprising 80–90% of the world production of cocoa. The other two have lower yields and tend to be less resistant to diseases. Apparently chocolate is very similar to wine and factors such as soil quality affect the flavour. We sampled some stone ground chocolate Taza Mexican chocolate, and Original Beans Esmeraldas chocolate from Ecuador. Original Beans help to preserve and reforest local Arriba cacao varieties and for each bar of chocolate that is sold, a new tree is planted. And what about Dormouse chocolate which is obviously nothing to do with dormice but became the first Bean to Bar producer in Manchester? All handmade since December 2014. All of their products are hand tempered on marble before being individually moulded and wrapped. We tried chocolate made from Honduran beans by Duffy's Chocolate who are a small-scale producer of quality chocolate. They buy unroasted beans and perform all the rest of the processes themselves, sorting by hand and carefully roasting to bring out all of their natural flavours and drive off the bitterness. The least favourite of the night was a prestige bar, 100% cocoa content made by Francois Pralus – désolé!



Our March meeting will be on Tuesday 12th March, 7.30 pm and our speaker is Brendan who will be demonstrating Book Art. We will be learning about the craft of creating art from old hardback books into words or pictures. Some creations can take a few hours however it is not as complicated as it may seem, or so we have been told! At our next book club meeting we will be reviewing *Lost for Words* by Stephanie Butland and at the Film Club, *The Greatest Showman*.

See What's On for details of our Crafternoon Tea on Saturday 30th March, 2 - 5 pm.

PC Website - www.shapwickparishcouncil.org.uk –Minutes, Agendas, Shapwick News!



Cricket items for sale—Cardigans, Pullovers, Gloves (M&F), Shoes—Ladies Size 4, Mens Sizes 8 & 9

Phone 210084— Evenings—June Warden

PARISH COUNCIL VACANCY TO BE FILLED BY CO-OPTION

The Parish Council has a vacancy for one Parish Councillor following the resignation of Rupert Bullock

Have you considered becoming a Parish Councillor?

Do you have:

- An interest in your community, its affairs and the local environment you live in?
- A willingness to get involved in local issues?
- On average a spare couple of hours every other month to attend meetings? (Main meetings are held every other month on 3rd Tuesday of the month – additional planning meetings may be necessary in between)

If you are interested in being co-opted onto the Parish Council please can you let the Clerk know by **12th March 2019**

Sue Williams, 9 Orchard Way 01458 210749 shapwickpc@btinternet.com

Shapwick's favourite 7.5 mile Bunny Hop Race is a couple of months away, so there's still time to get in shape if you fancy a go! We've been delighted to welcome new runners to our regular Sunday morning jaunts (meet by the postbox at 9 a.m.) and to hear about other villagers quietly training in the background - keep it up! This year there will also be a one mile circuit for 11 to 16 year olds, as well as the usual junior races. Hope to see you there...



12th annual
**SHAPWICK
BUNNY
HOP**
7.5
mile trail race

on easter monday

22nd april 2019 with junior races and
non-competitive walk - race HQ Shapwick village hall TA79NJ
main race registration from 8-30am for a 10-30am start - £12 in advance*
or £14 on the day - the junior races start from 9am (4 to 16 years)
the four mile walk is free and starts any time from 9am
more info at shapwickrunners.com or enter direct at
fullonsport.com - race profits to Bridgwater Foodbank

*online booking fees apply - race licence no. 2019-37372

WITH NEW JUNIOR
1 MILE RACE!



What's On in Shapwick

Polden Wheel Church Services March 2019

Friday 1st March –World Day of Prayer

7.30 **Chilton Polden** World Day of Prayer Service

Sunday 3rd March - Next before Lent

09.00 **Catcott** Holy Communion (BCP)

10.30 **Ashcott** Informal Worship

10.30 **Edington** Family Communion

3.30 for 4.00 **Catcott** Praise 'n' Prayer

(refreshments from 3.30)

Wednesday 6th March – Ash Wednesday

7.30 **Shapwick** Holy Communion

Sunday 10th March - Lent 1

10.30 **Shapwick** Café Church (Bacon rolls/
coffee etc. from 10am)

10.30 **Chilton Polden** Family Communion

4.30 **Burtle** Holy Communion

Sunday 17th March - Lent 2

10.30 **Chilton Polden** Informal Worship

3.30 for 4.00 **Catcott** Family Worship

(refreshments from 3.30)

6.30 **Ashcott** Holy Communion (CW)

Saturday 23rd March

4.00 **Shapwick** Messy Church

Sunday 24th March – Lent 3

10.30 **Shapwick** Holy Communion

10.30 **Burtle** Family Communion

4.30 **Edington** Evensong (BCP)

Sunday 31st March – Lent 4/Mothering Sunday

10.30 **Ashcott** Family Communion

Useful Contact Details

Parish Council - Clerk -Sue Williams 01458 210749

shapwickpc@btinternet.com

Village Hall - Secretary Claire Brown 01458 210784

shapwickvillagehall@gmail.com

Hall Bookings—shapwickvhbookings@gmail.com or 01458 210329

St. Mary's Church - Jan Jones 01458 210804

Edington Doctors Surgery 01278 722077 Prescriptions
01278 723459

Bridgwater Hospital 01278 436555

Sedgemoor District Council 0845 408 2540

Somerset County Council 0300 123 2224

Lite Bite Lunches

The next lunch is on 18 March 12:30pm–2.00pm

St Mary's Church.

For further information please contact Helen on 210885

Next Parish Council Meeting Tuesday March 19th

7.30pm Village Hall—All Welcome.



SHAPWICK STARLETS WI
Invite You To Join Us For A



Family Crafternoon Tea plus Book Swap



Saturday 30th March



Shapwick Village Hall

2:00pm – 5:00pm

Activities including Easter Card making
and biscuit icing plus much more...

Enjoy some tea and cake whilst the children make!

And Book Swap is back -

Share books you've enjoyed and take home new ones for free!



Forthcoming Events

The Pavilion@Shapwick

Friday March 8th Music Night with local singer/songwriter Sophii
Negus and country style singer Amber Lane

Saturday March 9th Six Nations Rugby on Pavilion TV England vs
Italy Bar open from 4 p.m.

Saturday March 23rd Ashcott Football Club Bingo Night. All
welcome Eyes Down 7 p.m.

Peat Moors *Dora Watkins*

Pollarded willows stark against the skyline,
Grey, mysterious, magnificent, as old as time,
Beneath their protective arms, primeval throwback lurks,
Slow moving, almost stagnant, slimy green flows the rhynes,
Has flowed almost since time began, through age old peat
Peat formed when prehistoric trees sank beneath the sea,
Sea, slowly receding, leaving soggy marshy ground,
Leaving dark forbidding lakes, slowly flowing mystic rhynes,
Teaming with microscopic life, all jostling for space,
Space to live their life, reproduce, then live again.

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Sue Williams by 20th March or to shapwicknews@yahoo.co.uk

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