Bunny Hop 2019

144 runners set off from Vicarage Lane on a glorious Easter Monday for the 12th annual Shapwick Bunny Hop. More pictures and full story next month - watch this space to hear all about the race, the atmosphere on the green, the new junior challenge and the stir caused by our first international runner! Funds were raised for Bridgwater Foodbank and Shapwick Village Hall. Thanks to all



Primroses Article by Dora Watkins

Coming up to Easter, I can't help remembering years ago when all those responsible for arranging church flowers would walk up to Loxley Wood on a Good Friday come rain or shine. I use to go with mum.

Each one would have a basket, pair of scissors, ball of wool or a reel of cotton. Some would also have a bag, probably hessian. What were we after? Primroses and moss. We would pick bunches of primroses and tie them up. The bags would be filled with moss.

Once home the bunches of primroses would be put into a bowl of water overnight ready for decorating the next day. Moss would be put on the window sills including the sloping parts. The primroses would be put

into little pots, usually meat or fish paste pots and buried in the moss to look as though they were growing.

That was back in the days when the Strangways owned the estate and villagers were allowed up there. I imagine primroses are a protected wild flower now. I am not sure if there are any up there these days.



Hi folks,

Just before Easter, the cathedral of Notre Dame in Paris was engulfed in flames. Although this was sad, we may need to be reminded that the essence of Christianity is not in stones and architecture.

Instead, it is that we humans can have a direct relationship with God, brought about by the death and resurrection of Jesus at Easter, and mediated by the Holy Spirit. Prayer is one of the main ways by which we can enjoy this relationship now.

We're therefore running the **Prayer Course** between May and July. If you think of prayer only as formalised and structured – think again! The exciting spontaneity of Pentecostal prayer and the quiet stillness of

proyer

Starts Thursday May 2 7.30pm Shapwick Church

contemplative experience are all part of its richness as well. If you would like to have your experience of prayer deepened and stretched, do join us!

Three years ago the Archbishop of Canterbury launched **Thy Kingdom Come**, which 'invites Christians around the world to pray for more people to come to know Jesus'. It's a season of daily prayer between Pentecost (May 30) and Ascension (June 9), both morning and evening prayer, which we'll run in each of the six churches. Details of venues and times will be announced in early May. We'd love you to be part of this 'global wave of prayer'!

Every blessing, Rich Tweedy vicar@poldenwheel.co.uk



Library Van The next visit by the mobile library, is on Tuesday 21 May 2019

The time and place remain the same. The van arrives at the Cricket Pavilion at 10.55 for 20 minutes.





SHAPWICK STARLETS WI



This month's speaker was Phil from Weston Reflexology who explained how reflexology works and the benefits.

Did you know that your feet have over 7000 nerve endings which send messages from your feet, through your whole body to your brain?

By applying pressure to different parts of your feet, neural pathways can be stimulated and unlocked which can have a positive

effect on many different parts of your body.

Modern reflexology is based on an ancient form of therapy and works in conjunction with findings of other therapies including acupuncture and trigger-point massage. There is pictorial and manuscript evidence of some form of foot and hand therapy being practised in Egypt as long ago as 2330 BC as depicted in the tomb of Ankmahor. And it is also believed, although not documented, that the Chinese civilisations have practiced foot and hand therapies for 5000 years. The North American tribes of Indians are known to have practiced a form of foot therapy for hundreds of years.

We can thoroughly recommend Phil and his contact details are:

P.L. Turner Bsc (Hons) MAR phone number 07787 432700

Our speaker next month will be Nick, a community first responder and as it is our AGM we will also be having a fish and chip supper.



We meet the 2nd Tuesday of every month, 7.30 pm, Shapwick Village Hall, and visitors are always welcome!

Join us on Saturday 8th June for the first ever Shapwick Jam, a summer celebration of local musical talent! Taking place on the field behind the Village Hall, it's free entry from 3pm-7pm, ticket entry only from 7pm-midnight (tickets: £5). During the afternoon, cream teas will be provided courtesy of our very own WI, the Shapwick Starlets. More delicious food will be available in the evening: BBQ / Gourmet burgers (including veggie option). Bar open all day. Come and join us for fun, food and fab music, and support your local community too! All profits in aid of Shapwick Village Hall.

Please email <u>shapwickjam@hotmail.com</u> for more information, or call 07767 276 091. Tickets will be on sale soon and are limited so please email us asap if you're interested!



There is a new editor in town, Oliver Cairns!



What's On in Shapwick

Church Services May 2019

Sunday 5th May- Easter 3

9.00 Catcott Holy Communion (BCP)

10.30 *Chilton Polden* Informal Family Communion

10.30 Ashcott Informal Worship

Sunday 12th May – Easter 4

10.00 **Shapwick** Café Church (Bacon rolls/coffee etc from 10am)

10.30 *Edington* 140th Celebration Family Service with Holy Communion

6.30 Burtle Holy Communion

Wednesday 15th May

7.00 *Catcott* Time to Breathe – A Service of Quiet

Sunday 19th May – Easter 5

10.30 Chilton Polden Informal Worship

3.30 for 4.00 *Catcott* Family Worship (refreshments from 3.30)

6.30 Ashcott Holy Communion (CW)

Friday 24th May

4.00 Shapwick Messy Church

Sunday 26th May - Rogation Sunday

10.30 *Edington* Rogation Service at Corndean Farm, Broadmead Lane followed by lunch

Thursday 30th May – Ascension Day 10.00 Ashcott Holy Communion (CW)

Useful Contact Details

Parish Council - Clerk -Sue Williams 01458 210749

shapwickpc@btinternet.com

Village Hall - Secretary Claire Brown 01458 210784

shapwickvillagehall@gmail.com

Hall Bookings—shapwickvhbookings@gmail.com or 01458 210329

St. Mary's Church - Jan Jones 01458 210804

Edington Doctors Surgery 01278 722077 Prescriptions 01278 723459

012/8/23459

Bridgwater Hospital 01278 436555

Sedgemoor District Council 0845 408 2540

Somerset County Council 0300 123 2224

Lite Bite Lunches

The next lunch is on 20 May 2019.



12:30pm-2.00pm



St Mary's Church.

For further information please contact Helen on 210885

Annual Parish Meeting—21st May 2019 7pm Shapwick Village Hall—come and find out what our village organisations having been doing over the past year! All welcome.

To be followed by the Annual Meeting of the Parish Council

Home Fixtures Cricket matches.

4 May 2nd XI v. Temple Cloud

11 May 1st XI v. Taunton

18 May 2nd XI v. Minehead

20 May 2nd XI v. Long Sutton

25 May 1st XI v. Taunton Deane



Are you looking for a babysitter? -Well if you are, you're looking in the right place.

Hello, my name is Elliot and I am 15 years old. I live in Shapwick and I think I am the only boy babysitter!

If you need a babysitter don't hesitate to contact me at any time on- <u>07746910485</u>

Also, in the school holidays or at weekends I'm free to do pet sitting or dog walking or any small general jobs that need doing.

"If you are looking for local news and events, try the Shapwick Village Community Group page on Facebook. Other villages are successfully running similar pages where items can be advertised for sale, local events and services are promoted etc. So please go and have a look and feel free to start posting!"

Published by Shapwick Parish Council. Edited by Sue Williams and Oliver Cairns NB Copy for the next Issue of the *News* should be sent to:

Sue Williams by 20th May or to shapwicknews@yahoo.co.uk

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